



Seeking a challenging and rewarding position to utilize my skill and abilities, willing to work as a key player in an innovative and competitive world with dedication and commitment.

Dr. SHAMEEM. P

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SKILL HIGHLIGHTS

- Ability to analyze problems or issues.
- Fast learner, willing to shoulder challenges and responsibilities.
- Self-motivated to learn and work hard.
- Effective communication skills with fluency in English and Malayalam.
- Ability to take initiatives and speak to public.
- Organizing skills with team working nature.

EXPERIENCE

- Working as a Joint Secretary of Kerala State Throwball Association.
- Working as a Secretary of Malappuram District Throwball Association.
- Qualified National Level Referee test organized by Kerala Throwball Association under Throwball Federation of India.
- Qualified Federation State Technical Officials (FSTO) Examination conducted by Athletics Federation of India on 2018.
- Qualified Level 5 & Level 4 Referees Test conducted by Kerala Football Association (KFA) under AIFF.
- Attended UGC Sponsored National Seminar on National Health: Mobilizing Youth through Physical Literacy and Physical Education at B.K College Amalagiri.
- Attended UGC Sponsored National Work Shop on Role of Trainer and Music in the Field of Sports at Maharajas College Ernakulam.
- Acted as an official for all Kerala Forest Meet 2014.
- Officiated All Kerala CBSE and ICSE State Athletic meet 2012-13.
- Acted as an official for M.G University Athletic Meet 2012-2013.

ACADEMIC QUALIFICATION

Course	Institution & University	Percentage of Marks	Year of Passing
Ph.D	M.G University, Kottayam	70%	2022
UGC NET with JRF	University Grant Commission, India	66%	2014
M.P.Ed (Specialized in Football)	School of Physical Education and Sports Sciences, M.G University, Kottayam, Kerala	68%	2014
B.P.Ed	St Joseph Academy of Higher Education and Research, M.G University, Kerala	76%	2012
B.Com	M.E.S K.V.M College, Valanchery, Calicut University, Kerala	61%	2011
Plus Two	M.E.S HSS. Irimbilyam, Valanchery Govt of Kerala	73%	2008
SSLC	AL HUDA Central School Kadampuzha, CBSE	45%	2006

PERSONAL DETAILS

Name : Dr Shameem.P
Father's Name : Mammi.P
Mother's Name : Ramla.P
Religion : Muslim
Age : 33
Date of Birth : 21-02-1990
Blood group : O +ve
Gender : Male
Marital status : Married
Nationality : Indian
Languages Known: English,
Malayalam
and Tamil

COMPUTER KNOWLEDGE

- Tally.
- MS Office.
- Excel

AREAS OF SPECIAL INTEREST

- Yoga
- Coaching Football, Softball, Throwball, Cricket, Handball, Basketball, Badminton, Swimming etc....
- Research in Physical Education

OTHER EXPERIENCES

- Working as an Assistant Professor in Physical Education at Kerala Agricultural University, KCAET, Tavanur, Malappuram, Kerala from 21/01/2022.
- Worked as an Assistant Professor in Physical Education at CPA College of Global Studies, Puthanathani, Malappuram Dist, Kerala from 01/06/2021 to 20/01/2022.
- 2 year experience as an Assistant Professor in Physical Education at Markaz Arts and Science College, Karthala, Athavanad, Malappuram Dist, Kerala from 02/06/2014 to 31/03/2016.
- Worked as a Manager of Kerala Agricultural University Team in 21st All India Inter Agricultural Universities Sports & Games 2022-23 at Hisar, Hariyana.
- Worked as a Manager of Kerala Agricultural University Team in South Zone Inter University Table Tennis Tournament 2022-23 Organized by Jain University, Bangalore.
- Working as a Manager of Kerala seeds sports club.
- Worked as a Coach of Kerala State Women team in 28th Senior National Baseball Championship 2012-13 Organized by Maharashtra Baseball Association.
- Worked as a Coach of Kerala State Men team in 37th Senior National Throwball Championship 2013-14 Organized by Madhya Pradesh Throwball Association.
- Worked as a Coach of Malappuram district Women team in 13th Kerala state senior Baseball Championship 2013-14 Organized by Ernakulam Baseball Association.
- Worked as a Coach of Malappuram district Men team in 13th Kerala State Senior Throwball Championship 2013-14 Organized by Kottayam Throwball Association.

PUBLICATIONS

- Published a Paper Titled “A comparative study on body mass index, lean body mass percentage, body fat percentage among female physical education teachers and female non-physical education teachers” in the International Journal of Physiology, Nutrition and Physical Education, Vol 4(1), 2019, page no: 1558-1560. (ISSN: 2456-0057).
- Published a Paper Titled “A study on postural deformities of government high school male students in Kozhikode city” in the International Journal of Movement Education and Social Sciences, Vol 6, Oct 2017, issue 2. (ISSN: 2278-0793).
- Published a Paper Titled “Effect of intensive resistance training on selected anthropometric variables among athletes in Kerala” in the International Journal of Physical Education, Health and Social Science, Vol 7, issue 1, 2018. (ISSN: 2278-716X).
- Published a Paper Titled “A study on selected health variables among teachers in Kottayam district” in the International Research Journal of Commerce, Management & Social Science, Vol 8(3), April 2018, page no: 231-235. (ISSN: 2249-8117).

PASSPORT DETAILS

Passport No : V2224886
Place of Issue : KOZHIKODE
Date of Issue : 17-09-2021
Date of expiry : 16-09-2031

REFERENCE

- Dr. Binu George Varghese
Director
School of Physical Education
and Sports Sciences
Mahatma Gandhi University,
Kottayam
Mob: +91 9447006946
- Dr. Hussain Randathani
Principal
CPA College of Global
Studies, Puthanathani
Malappuram
Kerala
Mob: +91 9995946382

- Published a Paper Titled “A comparative study on health status among men and women employees in Mahatma Gandhi University” in the International Journal of Physiology, Nutrition and Physical Education, Vol 3(1), 2018, page no: 157-160. (ISSN: 2456-0057).

ACHIEVEMENTS

- Participated in the Inter University Softball Tournament 2012-13, Representing MG University.
- Participated in the Inter University Baseball Tournament 2011-12, Representing M G University.
- Participated in the Inter University Softball Tournament 2013-14, Representing M G University.
- Participated in the Inter University Baseball Tournament 2013-14, Representing M G University.
- Runners in the 7th Senior South Zone national Baseball Championship 2011-12, Representing Kerala.
- Participated in the 28th Senior National Baseball Championship 2013-14, Representing Kerala.
- Participated in the 26th Senior National Baseball Championship 2011-12, Representing Kerala.
- Participated in the 25th Senior National Baseball Championship 2010-11, Representing Kerala.
- Runners in the 11th Kerala State Senior Baseball Championship 2012-13, Representing Malappuram.
- Runners in the 10th Kerala State Senior Baseball Championship 2011-12, Representing Malappuram.
- Participated in the 9th Kerala State Senior Baseball Championship 2010-11, Representing Malappuram.
- Participated in the 4th Kerala State Junior Baseball Championship 2007-08, Representing Malappuram.
- Participated in the 2nd Senior South Zone Throwball Championship 2007-08, Representing Kerala.
- 2nd place in the M G university Inter- Collegiate Water polo Championship 2013-14, Representing School of physical education & Sports Sciences.
- 3rd place in the M G university Inter- Collegiate Water polo Championship 2012-13, Representing School of physical education & Sports Sciences.

DECLARATION

I hereby declare that all the above particulars given are true to the best of my knowledge and belief.

Place : Valanchery
Date : 21/07/2023

Dr. Shameem. P